

New book tackles the difficulty of explaining funerals to children

Children's author Charlotte Olson has penned 'Suzie Goes to a Funeral' as part of a series of books to help children come to terms with new experiences.

As many of us will know, helping a child to understand death and the purpose of the funeral is not always easy but 'Suzie Goes to a Funeral' seeks to explain to a child the whole process in simple terms.

From the funeral cars arriving, to the service at the crematorium, finishing with a buffet at the wake and celebrating Grandma's life, it is written in such a way that it gives a child a basic understanding of what they might experience on this day.

Author Charlotte Olson says, "The idea came to me when we had to attend a funeral a year and a half ago and I was keen for my son, who has a diagnosis of Aspergers syndrome, to come along with us. I guess you could say that I was intrigued as to how he would cope with the whole situation.

"Whilst he coped extremely well and has since stated that he does not want to go to another funeral, I thought that a simple story would be a good idea. The book follows Suzie's experience which helps as children love having a character that they can relate to. It can also help the person who is grieving by sharing the story and remembering their loved one through communications and emotions."

'Suzie Goes to a Funeral' is available from <http://suziebooks.co.uk>.

